



The best activities guide around!

**OCTOBER 2008**



**CZCC Oktoberfest – 11th**

**CZCC Boss Day Luncheon – 16th**

**CZCC Community Night – 17th**

**CZGC Zama Open – 18, 19th**

**SHALOO Run II – 25th**

**CZCC The Rocky Horror Picture Show – 25th**



# SHIA



## Loop Run II

Saturday, 25 October, 9 am

- Door prizes for youths and adults will be given immediately following the event.
- All adult participants receive a "bloomin onion" food coupon.

Refreshments will be provided by Power Ade and Coca Cola.  
Snacks provided by DECA.

**WHERE:** Sagamihara Housing Area (race starts and ends next to the Narita bus stop).  
**EVENT:** The distance for the run / walk event is approximately 2 miles.

### Adult Information:

- There is no fee for this event
- Register at the Yano Fitness Center issue counter by COB 24 October (no registrations taken on the day of the event)
- Packet pickup at the event site 7:45 - 8:50 am
- 1st and 2nd place awards for men and women in the following age categories: (18-29, 30-39, 40-49 and 50 plus)
- Commander's Cup points will be awarded
- T-shirts guaranteed for the first 100 to register (and run)
- For information, please phone 263-4664/7980

### Youth Information:

- There is no fee for this event
- Register at the CYS Central Enrollment Registry Office in Bldg 533 (registrations will be taken at the event site until 8:45 am)
- 1st and 2nd place awards for boys and girls in the following age categories: (5-8, 9-12, 13-15 and 16-18)
- T-shirts guaranteed for the first 50 to register (and run)
- For more information, phone 263-4066/5991

**MWR COMMERCIAL SPONSORSHIP** and the **SPORTS** and **CYS** staffs thank our sponsors Outback Steakhouse, Tokyo Summerland, Fujikyū Highland, Coca-Cola, Power Ade, and DECA for supporting our community and this event.





The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

# ZAMA Community BUGLE

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### THIS MONTH'S COVER

Our October Bugle cover composite by Hideko McKeta shows a variety of Yana Fitness Center activities. The MWR Fitness Center is a the state of the art facility with numerous programs designed to benefit all members of our Zama community. Please see the full color center fold for a schedule of fitness classes and SlamFest II, the very popular upcoming Pro Wrestling event at the Center. More information on the full program of activities, events and classes are on pages 29 - 30. For more information, please visit this fine center, have a tour of the building and an information session with one of the staff. You'll be pleasantly surprised at your fitness possibilities...

Photo credit: Mr. Kiyoshi Tokeshi, 78 Signal Bn, VID; Mr. Steve Lowel; Mr. Richard Haun; and Mr. Steve Fernandez. Photo composition by Hideko McKeta.

“See the Bugle for the information”.

**Better Opportunity for Single Service Member**

**MEETINGS**

- Tuesday, 14 October
- Tuesday, 28 October

*\*All meetings are at 2 pm at the CCC.*



**D**eployed

Spouse Program,  
263-HELP (4357).

If your spouse is deployed,  
then ACS is looking for  
you! Please visit us to learn  
more about our Deployed  
Spouse Program and sign  
up for your membership  
card. This card will  
provide various discounts  
throughout MWR facilities.



## ■ Army Community Service • 263-8327

### RELOCATION READINESS 263-HELP (4357)

- *Medical Morning*

23 October, 8 am - noon, ACS Community Room, Bldg 402. Mandatory Over the Counter (OTC) Medication Class.

- *Newcomers Train Class, Parts I and II*

**Part I:** 23 October, 6 - 7 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

**Part II:** 25 October, 9 am - 4 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

- *Shopping on the Economy*

24 October, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story 100 Yen Shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

### MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please contact Mr. Gary R. Woods at 263-8091 to schedule your unit pre-deployment readiness training, reunion briefing, Family Readiness Group training, and unit rear detachment commanders training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

- *Pre-deployment and Ongoing Readiness Training, 263-HELP (4357)*

This training is designed to help all deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Community Room.

### AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other finance support programs.

The Army Family: Together We Prevent Domestic Violence

**OCTOBER  
DOMESTIC  
VIOLENCE  
PREVENTION  
&  
AWARENESS  
MONTH**



**Lunch Time Workshops  
at ACS, 1100 - 1200**

- 2 Oct - Communication & Assertiveness
- 9 Oct - Creating a Healthy Marriage
- 16 Oct - Conflict Resolution
- 30 Oct - A Guide for Helping Children Manage Anger, Ages 3 - 12

**NO REGISTRATION NECESSARY**

For more information, contact  
Army Community Service (ACS) 263-4357.

Please wear the Purple Ribbon. It is the National Symbol recognizing victims and survivors of Domestic Violence.

Restricted Reporting point of contact: Victim Advocate 263-4853, Chaplain or Healthcare Provider.  
Unrestricted Reporting point of contact: Military Police 263-3002.



This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management. For more information, contact 263-5550

\* 1st Wednesday each month, 8:30 am - 4:30 pm, Mandatory First Term Soldiers Financial Readiness Class.

\* 2nd Wednesday of each month, 1 - 2:30 pm, Credit and Debt; 2:30 - 4:30 pm, Investment / TSP

\* 4th Wednesday of each month, 1 - 2:30 pm, Basic Budget; 2:30 - 4:30 pm, Checkbook Management.

#### • **AER Emergency Leaves**

Primary funding for travel to a gateway city for service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site.

#### **FAMILY ADVOCACY PROGRAM, 263-HELP (4357)**

October is Domestic Abuse Prevention Month in the Army. Purple Ribbons and free literature will be distributed. The Purple Ribbon is the national symbol that is used to recognize and support victims and survivors of domestic abuse. In order to provide information and education to strengthen Families, the Family Advocacy Program will offer a variety of workshops at ACS, 11 am - 1 pm, during the month of October. Please contact ACS at 263-8327 to register. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, Family life enhancement, stress management, survival tips for parents, etc., contact the Family Advocacy Program Manager at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child abuse

# NPSP

## New Parent Support Program

*The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.*

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 9:30 - 11 am, at SHA CDC.
- **Breast Feeding Support Group** is held Thursday, 2 October, 9:30 - 10:30 am, at ACS Bldg 402, and 20 October, 9:30 - 10:30 am at SHA CDC.
- **Baby Bundles** information and supplies for new and expecting parents and electric breast pumps are available by calling 263-2382 or emailing [stacey.davis@us.army.mil](mailto:stacey.davis@us.army.mil).



and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following designated personnel: military health care providers, Family Advocacy clinical social workers at Behavioral Health Services at 263-4610, and the Family Advocacy Program Manager (FAPM) at 263-8327. Information provided in restricted reports will not be disclosed automatically to command or law enforcement. Access to medical

care, forensic examination, advocacy, intervention and support will be provided. Contact the FAPM at 263-8327 for additional information about domestic violence restricted and unrestricted reporting.

#### **FAMILY ADVOCACY PROGRAM, 263-HELP (4357)**

##### • **Sexual Assault Prevention and Response Program (SAPRP)**

Sexual Assault Hotline from a DSN: 882# or 090-9395-8909.

## Military Unit/Organization Greeting Card Contest



This is the 5th Annual Holiday Card Contest. Units and organizations are encouraged to participate in this holiday activity. Get in the Christmas spirit and display your decorative greeting and promote your unit or organization message. Plywood can be picked up at ACS, Building 402, starting 3 November, and all cards are due back to ACS no later than 2 December (no cards will be accepted after this date). Judging will be conducted on 7 December. There will be awards for 1st (\$200), 2nd (\$125), and 3rd place (\$65) which will be presented on 12 December, 1 pm, at Gate #7. For more information, contact Wilda D. Tierney at ACS, 263-8087.



This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who is sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-4853 or the on-call Unit Victim Advocate at 882 # (UVA#) or 090-9395-8909. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-4853 or 080-6772-6735.

## • Victim Advocacy

Victim Advocacy is a free service for all personal in the military community. The victim advocate for Camp Zama is located in Building #402 at Army Community Services. Victims are allowed to come and talk to a trained Victim Advocate (VA) and inquire about available services. The victim advocate works with those who have been a victim of

domestic violence or sexual assault. To contact the VA call 263-4853 or 080-6772-6735.

## EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4357.

## COMMUNITY LIFE OFFICE 263-HELP (4357)

### • Army Volunteer Corps (AVC)

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator. For more information, contact Wilda D. Tierney at ACS at 263-8087.

## INFORMATION AND REFERRAL, 263-8327

I and R provides, maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. After 4:30 pm and on weekends, maps and directions can also be found on [www.mwrjapan.jp.pac.army.mil](http://www.mwrjapan.jp.pac.army.mil) under "Army Community Service". - - Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings.

### • Adult English as a Second Language Class (ESL)

Every Wednesday, 1 - 2:30 pm, ACS Bldg 402. All levels. No pre-registration.

### • Knitting and Crocheting Class

Every Tuesday: 9:30 - 11:30 am, ACS Bldg 402.

### • Adult Japanese Conversation Class

Every Wednesday, 10 - 11 am, advanced class; 11 am - noon, beginner class, ACS Bldg 402. Taught by a native Japanese speaker.

ALL CLASSES ARE CANCELLED ON US HOLIDAYS

For more information, please contact Stacey Davis at 263-2382 or email [Stacey.Davis@us.army.mil](mailto:Stacey.Davis@us.army.mil)

# NEWCOMER'S ORIENTATION

## Wednesday, 22 October, 8 am - 3 pm

### ... Community Club (Right Wing) ...

- Opening welcome by the Command Group and overview of different programs and services presented by various representatives.
- "Taste of Japan" luncheon at the Camp Zama Community Club; sponsored by KDDI (Left Wing).
- Mandatory for military and civilian personnel. Adult Family members are encouraged to attend.

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**MWR Commercial Sponsorship** and the **ACS staff** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.

- For International Calls:  
99 + 001 + Country Code + Area Code + Phone No.




“See the Bugle for the advertisement”.

**T**he Zama

Youth Center will  
be closed on the  
following days:

\* 12 - 13 October

(Columbus Day)

\* 5 and 19 October

## ■ Child, Youth & School Services

• 263-4500 [www.zamayouthcenter.org](http://www.zamayouthcenter.org)

### THE ZAMAYOUTH CENTER ACTIVITIES

#### • Zama Teen Book of Records

Attention TEENS! YOU TOO, CAN BECOME A LIVING LEGEND!!! Every 3rd Thursday(16 October, 3 pm) of the month at the Zama Youth Center, we will have different events for you to challenge. At the end of the year, your record, as well as your picture, will grace the first glossy Zama Book of Records (with Yano Fitness Center's Book of Records).

Different Challenges include 3pt shoot out, consecutive free throws, rubric's cube, robot ping pong, hula hoop spins, pogo stick jumps, and Wii Homerun.

#### • "6th Grade Happenings"

16 October - Attention all 6th graders from Arnn Elementary and Shirley Lanham Elementary: don't forget the "6th Grade Happening" this month from 7 - 10 pm. Come out and enjoy a night of fun, food, and lots of entertainment. Cost is \$2. Transportation will be provided from SHA Narita Bus stop at 6:30 pm and Atsugi.

#### • Halloween Costume Party

25 October, 7 - 10 pm - Attention all middle schoolers, we will be having a Halloween Costume Party at the youth center! Join us for an evening of music, games, prizes, and more. Cost is \$3 with a costume and \$5 without a costume. Transportation will be provided from SHA Narita Bus stop at 6:30 pm and Atsugi.

• **Digital Arts Suite: Music Making**  
-Teens use Music Tech to become digital recording artists, learning the fundamentals of music and sound along the way. Creating a song, members use music tracks,

## TROJANS FOOTBALL TEAM

Support our Zama Trojans Football Team



TROJANS vs ASIJ at ASIJ:  
Saturday, 18 October

TROJANS vs Red Devils  
at Yokosuka:  
Friday, 24 October



FREE transportation, but seating is limited! Pick up a permission slip at the youth center. Bus departs at 3 pm.

## U-TURN PROGRAM

This program is designed for youths to turn themselves around and get the help they need to graduate high school and move on to higher education. It's up to U to turn yourself around. The teen center is here for U! Join us Tuesdays and Thursdays nights to form study groups; work together with your classmates; get help from staff and other volunteers; tutor classmates; get S.A.T. Tutoring/practice tests; use this time to work on scholarships and other financial aid applications. There will be a return bus to SHA for those youths who participate in the U-Turn Program.



## S.A.T.

S.A.T. Tutoring and Prep Test  
Saturday, 26 October, noon - 5 pm (PREP TEST)

Are you a sophomore or junior looking to bring up your S.A.T. scores? Well, we have a program for you, Tuesdays and Thursdays we have a certified S.A.T. tutor who will guarantee a 200 point raise in your S.A.T. scores, and at the end of every month starting October we will be having a S.A.T. Prep Test course. It's up to U if you want to make a difference in your S.A.T. scores! Register at the youth center by 10 October if you would like to take the Prep Test.



change of tempo, sound effects and filters. A “must hear” program!!! This year’s theme is “The Nature of Design”. For more information, call Mr. Daniel Sheahan at 263-8573

## CLUBS

Be a part of Something Special! Join a CLUB!

### • *Keystone Club*

A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoneers plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this program and how to get involved, contact Ms. Suchin Rice or Jennifer Hornbrook at [suchin.rice@us.army.mil](mailto:suchin.rice@us.army.mil) or [jennifer.hornbrook@us.army.mil](mailto:jennifer.hornbrook@us.army.mil)

### • *Torch Club*

A great leadership program for tweens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify Club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, contact Mr. Robert Chance or Verne Turner at [Robert.l.chance@us.army.mil](mailto:Robert.l.chance@us.army.mil) or [verne.turner@us.army.mil](mailto:verne.turner@us.army.mil)

### • *DJ Club*

Do you want to be your own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center has a program for YOU. The youth center staff will teach you all the basic criteria to become a professional DJ. This program is for registered members in 7th-12th grade. To find out more about this program, contact Mr. Robert Chance at 263-5441.

### • *Tech Club and ZTN Crew*

Be a part of a youth run news show! Club members in 6 -12 grades will learn how to film, edit and produce their own news show which will be shown on the youth center’s website and on the MWR channel. We’re looking for youth anchors, reporters, camera persons, editors, and producers. Youths may join at anytime. Also check out the Camp Zama’s Teen Tech Team! Members are involved in photo taking, manipulation, movie making, web designing, and community projects concerning technology and much, much more. To find out more about this program, contact Mr. Dan Sheahan at [Daniel.m.sheahan@us.army.mil](mailto:Daniel.m.sheahan@us.army.mil)

### • *Art Club*

Art club is a fun and exciting way for youths to learn different styles of art, technique and how to do it themselves. This club will start out with freelance art and work its way up to fine arts. This will give youths a broad view of the art world and how it is not just as simple as painting or drawing. Being in the art club will give youth an opportunity for creativity that comes from within through self expression. Anyone can be an artist; all you need is the right tools to express what is in you. Open to all registered middle school and high school youths and teens. To find out more about this program, contact Verne Turner at [verne.Turner@us.army.mil](mailto:verne.Turner@us.army.mil).



This program is for female club members ages 11 - 17. SMART Girls is a health, fitness, prevention / education and self-esteem enhancement program for young ladies. The program is designed to encourage healthy attitudes and lifestyles that will enable early adolescent girls to develop to their full potential. Sessions incorporate learning experiences that include mentors, guest speakers, hands on activities and field trips.

This program is for male club members ages 11 - 14. Boys 2 Men is a 14 session program that concentrates on specific aspects of manhood through highly interactive activities. Boys 2 Men addresses critical issues that young men face such as ethics, decision making, wellness, fatherhood, employment and careers, cooperation and conflict, diversity, relationship and self-esteem.

“See the Bugle for the advertisement”.



## ■ Child, Youth & School Services • 263-4500

www.zamayouthcenter.org

### • **Dance Club**

Hip Hop Dance Club is an exhilarating way for youths to learn to dance and get a little exercise. This club is based on Hip Hop, but you will also learn the basic steps of ballet, jazz, and how to work with

a partner. Dance Club is a fun way for youths to get on their feet and move to the beat. Dancing is a form of art, so with each movement it is an expression, an exit for emotion and stress. Learning to dance will give the youths more than new steps,

like confidence, hand eye coordination, being a part of a team and more. Open to all registered middle school and high school youths and teens. To find out more about this program, contact Verne Turner at verne.turner@us.army.mil.

## HowST

(HANG OUT WITH STAFF THURSDAYS)

### 2 October: "King of the Hill Jr Division" (Bowling)

Hang out with the staff at the bowling center and show off your bowling skills. Who is the top teen bowler at Camp Zama? Find out by challenging other teens for the ultimate title of "King of the Hill, Jr. Division".

### 9 October: "How to change a flat tire" (Auto Craft)

Start your engines!!! Can't? Perhaps your battery is dead. Do you know how to jump start your car...well, now is the time to learn. Join the teen center staff at this week's H/OwSt at the Auto Craft Center to learn how to change a flat tire.

### 23 October: "Racquet Ball" (Yano Fitness Center)

Work out with the staff at the Yano Fitness Center's racquet ball court. Learn how to play this fast paced and fun game. Racquetball offers both aerobic and anaerobic benefits, with both sustained high level heart rate activity and quick bursts of energy required during play. Racquetball works nearly every muscle group, including sustained, repetitive use of large muscles that increase calorie burn and reduce fat percentage. Join the youth center to GET FIT!



## ■ Child Development Center • 267-6564

### SHA CHILD DEVELOPMENT CENTER

#### • **Closed**

\* Monday, 13 October (Columbus Day).

#### • **Fire Prevention Week**

6 - 10 October.

• **SHA CDC PAC Meeting** (for patrons only) will be held on Thursday, 9 October, 4 - 4:45 pm, at the Sagamiara Housing Area Child Development Center.

#### • **Sweet Potato Picking**

Wednesday, 22 October.

#### • **Denim Day**

Friday, 24 October. Wear favorite jeans.

#### • **Plush Animal Lovers Day**

Tuesday, 28 October. Bring your favorite stuffed animal.

#### • **Halloween Parade**

Friday, 31 October. 3:30 pm.

For more information, please phone Julia Sektnan at 267-6348.

### ZAMA CHILD DEVELOPMENT CENTER

#### • **Closed**

\* Monday, 13 October (Columbus

Day).

#### • **Fire Prevention Day**

Wednesday, 8 October

#### • **Columbus Day Stand-up Ship (Caravel)**

Thursday, 16 October, 3:30 - 4:30 pm. Display Craft <<http://www.first-school.ws/t/craft/columbusap.htm>>

#### • **Character Counts Week**

20 - 24 October.

#### • **Pumpkins Carving Exhibition**

Thursday, 23 October, 3:30 - 4:30 pm

#### • **Character Counts** (Pillar Friday)

Friday, 24 October

#### • **Pumpkin Patch Parade**

Friday, 31 October, 3:30 - 5 pm

For more information, please phone Bernice Sepulveda at 263-8081.

**Zama Child Development Center**

# Parent's Night Out

Friday, 17 October, 5 - 11:30 pm

**COST is \$20 per child**  
**AGES 6 weeks to 12 years**

- Limited space available.
- Must register one week in advance with CYS Central Enrollment Registry Office, Bldg 533.

Please provide emergency contact information and record of immunizations at time of registration.

For more information, call 263-4125.

**A late dinner and evening snack will be provided.**

**Y**outh Sports and Fitness is always in need of qualified officials. If you are interested in officiating games for youth sports, please contact us at 263-5437.

## ■ Youth Sports and Fitness

• 263-5437/4066/5991



The swim team is looking for a new swim coach to coach the team. We lost our swim coach to PCS and the kids are looking forward to finding a new coach. If you interested in coaching or know anyone who would like to coach our swim team, please give us a call at 263-5437

### NEED A SWIM COACH

#### CHEERLEADING

We are looking for girls and boys who would like to come out and cheer our flag football teams this season. Cheerleading is a great way to get out of the house and get some fun exercise this fall. If you are interested, please sign up at the CYS Central Enrollment Registry Office.

#### VOLLEYBALL

Zama is well known as a leader in girls volleyball. Our recreational league is also well know for our experienced coaches who teach the girls the basic fundamentals they will need to move up to the next level of play. If you are a beginner or have played volleyball previously, joining our league is a great way of learning new skills or keeping your skills sharp.

#### SCHEDULE OF YOUTH SPORTS ACTIVITIES

Events	Registration End Date	Ages	Season
Flag Football (Registration is open for participants who just arrived).	22 Sep - 27 Oct	5-15	8 Nov - 13 Dec
Flag Football Cheerleading	22 Sep - 27 Oct	5 - 15	8 Nov - 13 Dec
Girls Volleyball	22 Sep - 27 Oct	9-15	8 Nov - 13 Dec

• All registrations are taken at the CYS Central Enrollment Registry Office, Bldg #533. For more information, call 263-4066/5991.

#### VOLUNTEER COACHES

Youth Sports and Fitness is looking for volunteers to help coach youth sports. If you are interested, please contact us at 263-5437 or go to our web site at [www.zamayouthsports.org](http://www.zamayouthsports.org); once your application is accepted, you will be certified to coach in our program.



### Flag Football

Flag Football in the Kanto Plain area is designed so our kids can have fun playing one of America's favorite past times. Our recreational league invites children between the ages of 5 - 15 to join our program and have fun. Our traveling teams start at the 9 - 10 age division and we play against teams from Yokosuka, Ikego, Negishi, Atsugi and Yokota.



## BEFORE AND AFTER SCHOOL PROGRAM

Are you looking for a place where your children can join other children in a fun learning environment? Come join School Age Services Before and After School Program.

The School Age Services (SAS) program is serious about providing the highest quality of care to your children. To accomplish this goal, it is necessary to have frequent and good communication between the staff, management, and parents. Parents, come and support the Parent's Advisory Council (PAC). The Parent's Advisory Council is an opportunity for you to provide input and to have questions and concerns addressed. We meet every third Thursday each month in Bldg 337 at 5 pm.

## OPEN RECREATION PROGRAM

(Let's have some fun....)

Parents! Are you looking for programs that your school-aged children can participate in? Children! Are you looking for things that will keep you active and outside the house? If so, then the OPEN RECREATION PROGRAM events are for you! All events guarantee fun! School Age Services is offering open recreation opportunities weekdays and Saturday afternoons for youth

currently enrolled in grades one to six. Participation may be limited due to space availability, so give us a call (267-6013) if you'd like to come and have fun.

## INFORMATION FOR OPEN RECREATION

• Youths are limited to ten hours of open recreation per month. Each

youth must have an "Open Recreation" card to participate and must be registered with CYS.

• CYS Open Recreation cards are available through the CYS Central Enrollment Registry Office (Bldg 533). Each card is issued for a specific month.

• Questions? Please call 267-6013 or 263-4743.

## SAS OCTOBER EVENTS

- Thursday, 9 October - - 4 - 5 pm - Fire Prevention Safety Tips Presentation
- Monday, 13 October - - - - - Closed (Columbus Day)
- Thursday, 16 October - 4 - 5 pm - Board Game Blast-Off (see ad below)
- Thursday, 16 October - 5 pm - - - PAC Meeting
- Friday, 17 October - - noon - 3 pm Harvest Festival and Pumpkin pitch
- 20 - 24 October - - - - - Character Counts Week
- 27 - 31 October - - - - - Red Ribbon Campaign Week
- Friday, 31 October - - 3 - 5 pm - Closing Activities for the Red Ribbon Week

## SAS Program Hours

Regular	Monday - Friday	0630 - 0830 and 1500 - 1800
Early Care	Monday - Friday	0530 - 0630
No School Day		0630 - 1800
Open Recreation	Monday - Friday	1500 - 1800
	Saturday	1300 - 1700



## BOARD GAME BLAST-OFF

**Thursday, 16 October,  
4 - 5 pm**

Chess, Checkers, Battleship, Sorry, Monopoly, The Game of Life, Chutes and Ladders, Candyland. Join us for an afternoon full of games and fun. Compete to be the Board Games Champion.

*For more information, call 267-6013.*

**E**ffective immediately, drivers are not allowed to be used on the 5th tee box at the Camp Zama Golf Course. Three woods and shorter clubs only are allowed. This measure has been implemented to eliminate balls being hit to the left over the net into the school yards.

## ■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>



### TOMODACHI DAYS ARE AS FOLLOWS:

- 10 October - Friday
- 17 October - Friday
- 24 October - Friday
- 27 October - Monday

Your Japanese guests (up to three) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

### PAYDAY SCRAMBLES

FREE! MWR is paying the \$15 entry fee and green fees for non-members.

MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to personnel assigned at USARJ, supporting and tenant units and their Family members.

- Friday, 3 October, 11:30 am, shotgun start
- Friday, 31 October, 11 am, shotgun start

### NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 15 October, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

### TRADE-INS

You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at <http://valueguide.pga.com/>

### TEE TIME INFORMATION AND CHECKING IN

Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management. Weekend/US holiday tee times may be requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends/holidays.



Top left to right: Masato Abe (Men's Open), Mike Haney (Men's Member), Fumiyo Fields (Ladies Member) and Keiko Nishimura (Ladies Open).

Dale Jorgenson, Director of Golf, presents the Outrigger 3-night stay certificate on Guam to Akiko Onodera.



## LUNCH

### Mondays

- 6 Lumpia, Fried Rice, Pancit (Combo)
- 13 No Daily Lunch Special (Columbus Day)
- 20 Yakisoba
- 27 Pork Barbecue Skewer

### Tuesdays

- 7 Calzone
- 14 Chicken Pita Pocket
- 21 Fish Po Boy
- 28 Barbecue Turkey Sandwich

### Wednesdays

- 1 Chicken and Dumplings
- 8 Roast Beef w/Au Jus
- 15 Blackened Fish
- 22 Sweet and Sour Meatballs
- 29 Roasted Chicken w/Red Roasted Potato

### Thursdays

- 2 Texas Steak w/Brown Gravy
- 9 Chicken Enchilada
- 16 Beef Fajita
- 23 Beef Taco Salad

### Fridays (3, 10, 17, 24 and 31 October)

- Fried Cod Fish and Shrimp
- Choice of Starch
- Side of Coleslaw or Vegetable of the Day

## LUNCH

### Saturdays

(No Daily Lunch Special)

### Sundays

- 5 Chicken Monterey w/Tomato Sauce

## LUNCH

- 12 Pork Cutlet w/Curry Sauce and Rice
- 19 Spaghetti and Meat Sauce w/Garlic Toast
- 26 Hamburger Steak w/Onion Mushroom Gravy



### LEARN TO GOLF ADULT CLASSES



## TAKE THE MYSTERY OUT OF GOLF

*Course is designed for beginner golfers and covers putting, chipping, full swing, rules, and etiquette.*

- Instructors: Dale Jorgenson, Director of golf  
Schad Nil, Assistant Golf Professional
- Date: Thursday - Yearly Schedule
- Time: 4 - 5:30 pm
- Class Size: Maximum 16 and Minimum 6
- Price: \$99 per person  
\* Price includes: Five group lessons per session (First four at range, fifth at course)  
\* Four 9 hole rounds of golf (cart not included)  
\* Golf clubs and balls (for class)
- Enroll: Sign up at the Golf Course Pro Shop
- Eligibility: SOFA status personnel, MLC, IHA, HPT and JGSDF only

**2008 Group Lesson Schedule:**  
\* Session 5: 2, 9, 16, 23 and 31 October  
Final session for 2008



POC: DALE JORGENSEN, DIRECTOR OF GOLF or dale.jorgenson@us.army.mil or 263-3694  
SCHAD NIL, ASSISTANT GOLF PRO or schad.nil@us.army.mil or 263-5284



## 2008 MILITARY LONG DRIVE CHAMPIONSHIP

*Brandon Boehmer won the long drive event in Korea and will be representing the Asia region in Mesquite, NV (on ESPN) on 23 October. A big congratulations to him! 364 yards! The winner of the Nevada contest receives \$10K.*




**A BIG CONGRATULATIONS**

The top 3 participants in this year's "Military Long Drive Contest", Sagami Depot area. Left to right: Brian Schaaf (319 yds) 2nd place; Brandon Boehmer (320 yds) 1st place; and Roy Heape (314 yds) 3rd place. Aaron Barber, 4th place (not pictured).

“See the Bugle for the advertisement”.



CAMP ZAMA COMMUNITY CLUB

# "GRIDIRON CHALLENGE"

## PRIZES

• For additional information, please phone 263-4547.



• Come to the "Football Frenzy" each Thursday in the Firelite Lounge (5 - 7 pm) to select your teams for the forthcoming weekend (selections must be turned in by 7 pm).

**Week 5:** NFL Football Jersey (from CZCC) and two tickets (from Fujikyū)

**Week 6:** Apple Ipad (from COCA-COLA) and Inflatable chair and patio umbrella (from Miller)

**Week 7:** Canon Digital Camera (from Volvo) and two tickets (Tokyo Summerland)

**Week 8:** NFL Football Jersey (from CZCC) and ¥5,000 food coupon (from TGI Friday's)

**Week 9:** Toshiba Portable DVD (from USA Federal Credit Union) and two tickets (from Fujikyū)

**Week 10:** HP Photo Smart Multiple (USA Federal Credit Union) and ¥5,000 food coupon (Outback)

**Week 11:** NFL Football Jersey (from CZCC) and ¥5,000 food coupon (from TGI Friday's)

**Week 12:** Apple Ipad (from Volvo) and Inflatable chair and patio umbrella (from Miller)

**Week 13:** Toshiba Portable DVD (from COCA-COLA) and ¥5,000 food coupon (from Outback)

**Week 14:** NFL Football Jersey (from CZCC) and ¥5,000 food coupon (from TGI Friday's)

**Week 15:** HP Digital Camera / Printer (from AAFES) and set of 4 steak knives (from Outback)

**Week 16:** NFL Football Jersey (from CZCC) and ¥5,000 food coupon (from Outback)

**Week 17:** Nintendo Wii (from Budweiser) and ¥5,000 food coupon (from TGI Friday's)

MWR COMMERCIAL SPONSORSHIP and the ZAMA COMMUNITY CLUB staff thank our sponsors for supporting this major program for our community.



Sponsorship does not imply endorsement by the U.S. Government. The Miller and Budweiser Companies Support Responsible Drinking!

# THE ROCKY HORROR PICTURE SHOW

ADULTS ONLY

Camp Zama Community Club

**SATURDAY, 25 OCTOBER**

**DOORS OPEN: 8 PM,  
SHOWING IS 8:30 PM**

**\$3 includes food throughout the evening  
(finger food).  
No advance sign up necessary.**



**Here is a basic list of items for you to  
bring to participate in the "Rocky Horror  
Picture Show (RHPS)":**

- Rubber gloves
- Noisemakers
- Confetti
- Toilet paper
- Rice
- Newspapers
- Water pistols
- Flashlights
- Toast
- Party hat
- Bell
- Cards



For more information, please call 263-4547.





# What's Up!..



## Camp Zama

Camp Zama Morale, Welfare & Recreation (MWR)  
Presents: New Japan Pro-Wrestling

# SlamFest II

New Japan Pro-Wrestling Co., Ltd.

®

**SATURDAY**  
**1 NOVEMBER 2008**  
**• 4 PM SHOW**

\*Doors open at 3 pm.

- Ticket is required for admission.
- Wrestlers are subject to change.
- Do not bring drinks or food into the gymnasium.
- Photography & video is prohibited during the wrestling match.
- Lost tickets will not be reissued.
- Throwing of any object is prohibited.
- Personal information & picture ID are required for gate access.

• Sponsored by Camp Zama MWR • Co-Sponsored by SOU Co., Ltd. • Offered by New Japan Pro-Wrestling Co., Ltd.



*\*For more info, please call 263-4664.*

# ...at Yano!

## **VIRTUAL FITNESS CLASSES**

*\*Instructional aerobic activities will be  
aired for group(s) or individuals on a  
giant projector screen.*

Monday: 0830-0930 ~ YOGA (Yoga Zone - "Power Yoga")

Tuesday: 1200-1300 ~ TAEBO (Billy Banks - "Amped")

Wednesday: 0830-0930 ~ YOGA (Yoga Zone - "Power Yoga")

Thursday: 1200-1300 ~ LOW-IMPACT AEROBICS (Gilad - "Bodies In Motion")

Friday: 1200-1300 ~ TAEBO (Billy Banks - "Amped")

Saturday: 1500-1600 ~ TAEBO (Billy Banks - "Amped")

Sunday: 1200-1300 ~ LOW-IMPACT AEROBICS - (Gilad - "Bodies In Motion")

Sunday: 1500-1600 ~ YOGA (Yoga Zone - "Power Yoga")

*\*Enjoy working  
out with friends  
and it's FREE!*



# **ZUMBA**

A fusion of Latin & International music that creates a dynamic & effective cardiovascular aerobic workout!

**Monday and Wednesday: 5:30 ~ 6:30 pm**

**Tuesday, Thursday and Saturday: 10:30 ~ 11:30 am**





# Thanksgiving ESCAPADE TOURS

**NOV 26 - 30**

- Singapore • Hong Kong
- Bangkok • Ho Chi Minh City
- Beijing • Angkor Wat



**NOV 27 - 30**

- Nagasaki Huis Ten Bosch



# Christmas ESCAPADE TOURS

- **Best of Asia**  
(Singapore & Bangkok)  
**DEC 20 - 29**
- **City of Singapore and Beach of Phuket Tour**  
**DEC 20 - 29**
- **Classic Vietnam**  
(Ho Chi Minh, Hoi An and Hanoi)  
**DEC 20 - 30**
- **Northern Thailand Adventure**  
(Chiang Mai, Mae Hong Son and Chiang Rai)  
**DEC 20 - 29**
- **Best of Northern India**  
(Old Delhi, New Delhi, Ganges River, Chandela Temple, Agra Fort, Fatehpur Sikri and Taj Mahal)  
**DEC 20 - 31**
- **Langkawi Beach and Kuala Lumpur City Adventure**  
**DEC 22 - 29**
- **Christmas in Hong Kong**  
**DEC 22 - 27**

**Call Zama ITT or check our website for more information.**



- Military PHONE 263-5273/4059
- Military FAX 263-7507
- E-Mail [travel@zamaitt.com](mailto:travel@zamaitt.com)

- Commercial PHONE (046) 254-8896
- Commercial FAX (046) 255-0356
- Website: <http://zamaitt.com>





# Narita Junior String Orchestra Performance

## Free Bilateral Cultural Event

Sunday, 5 October



**Door Open at 1 pm and concert starts at 1:30 pm.**  
*Sunday afternoon concert with the Narita Junior String Orchestra at the Community Cultural Center.*  
*Co-Sponsored by Zama Youth Services.*  
 For more information, call 263- 5701.



# HISPANIC HERITAGE MONTH OBSERVANCE



**Wednesday, 8 October,  
 3:30 - 4:30 pm  
 at  
 the Community Cultural Center**

Getting involved:  
 Our Families,  
 Our Communities and  
 Our Nation

For more information, please call  
 SSG Charles Beckless at  
 263-3199



# Cafe

Roberto is proudly serving Starbucks coffee all day. Enjoy sandwiches, salads, nachos, pizza and desserts with family or friends. Also, a Continental Breakfast is available Tuesday - Friday, 7 - 9 am. Come join us!!!

## ATTENTION CUSTOMERS

The cost for Mongolian BBQ at the CZCC is now \$0.75 per ounce.

# ■ Camp Zama Community Club

• 263-4547

## FIRELITE LOUNGE

- **Every Friday Night**  
Variety music from 7 - 10 pm and "Hip Hop music w/DJ" in the Firelight playing your favorite Hip Hop artist songs from 10 pm - 3 am.
- **Country Music with DJ**  
On Saturday night 4 October, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.
- **Top 40/Rock**  
Saturday night 11 October, 8 pm - 2:30 am, in the Firelight, playing your favorite Top 40/Rock songs.
- **Old School Night**  
Saturday, 18 October, 8 pm - 2:30 am in the Firelite Lounge playing your favorite 60's, 70's, 80's and 90's artist songs.
- **Latino Night**  
Saturday, 25 October, 8 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJs in Japan.

## LUNCH

**Sunday Brunch (10 am - 1:30 pm):**

Adult: \$12.95  
Youth 8 - 12: \$6.95  
Youth 4 - 7: \$3.95  
3 and under: Free

**Tuesday:** (Rotisserie Chicken, Katsu Don and vegetable of the day)

- 7 • Turkey A La King
- 14 • Spanish Garlic Chicken
- 21 • Hawaiian Chicken
- 28 • Beef Croquettes

**Wednesday:** (Rotisserie Chicken, Chicken Don and vegetable of the day)

- 1 • Fish Tempura
- 10 • Hamburger Steak  
Mushroom Demi
- 15 • Pork Kushikatsu
- 22 • Bibin Bap
- 29 • Cabbage Roll

**Thursday:** (Rotisserie Chicken)

- 2 • Hashed Beef
- Japanese Spaghetti  
w/Meat Sauce
- 9 • Sauerbraten
- Ravioli w/Tomato Sauce
- 16 • Chicken Fried Steak
- Pasta Vignola  
(Boss's Day Luncheon)
- 23 • Pork Chop

THE WEEKEND HAS FINALLY ARRIVED



EVERY FRIDAY (EXCEPT ON COMMUNITY NIGHT DAYS)  
CZCC FIRELITE LOUNGE, 4 - 10 PM  
70'S & 80'S MUSIC FOLLOWED BY KARAOKE AND HIP HOP NIGHT  
FROM 10 PM - 3 AM.  
DRINK SPECIALS, LIGHT SNACKS, GOOD MUSIC, AND GOOD FRIENDS PROVIDED.  
EVERYONE WELCOME  
FOR MORE INFORMATION CALL 263-4547

CAMP ZAMA COMMUNITY CLUB

## POWER BINGO

**Thursday:**

Cards on sale: 6 pm  
"Early Bird" game: 6:45 pm  
Regular game starts: 7 pm



**NEW POWER BINGO HANDSET:** Simply press in each number called and then press the "Enter" button. The handset will automatically daub all of your cards. Bingo packet and handset (\$28) have all the games except Early Bird and U-Pick-em: Target Bingo; Bingo within 54 numbers \$1,000, up and down Jackpot \$3,000 starting at 48 numbers and Fourth Sunday will go up 1 number and go down \$100, and Progress SR Jackpot \$5,000 starting at 48 numbers and fourth Sunday will go up 1 number.



## LUNCH

- w/Napolitan Sauce
- Spaghetti w/Meat Balls
- 30 • Beef Rouladen
- Bacon and Eggplant Tomato Pasta
- Friday "Lunch Buffet" (\$6.95)**
- 3 • Baked Meat Loaf
- Baked Chicken
  - Macaroni w/Cheese
- 10 • Sausage w/Sauerkraut
- Pork Schnitzel
  - German Potato Salad
- 17 • Chicken Enchiladas
- Beef Tacos
  - Mexican Rice
- 24 • Italian Sausage and Peppers
- Chicken Macaroni au gratin
- 31 • Chinese Chili Chicken
- Hoikou Rou
- Saturday (No Lunch)**

## DINNER MENU

- Sunday (Limited Menu) 5 - 9 pm**
- Two for One Steak Night for \$20  
(good for "Steak of the Night" only and no take out)  
(Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights).
- Monday - Closed**
- Tuesday**
- 2 Meals for \$15 and regular and limited menu, 5 - 9 pm. Menu will change every week.
- Wednesday (5 - 9 pm)**
- Mongolian BBQ (\$0.75 oz)
  - Limited Menu
- Thursday (Limited Menu) 5 - 9 pm**
- "All You Can Eat Pasta, Pizza, Soup and Salad Bar" (no take out)

## DINNER MENU

- Adult: \$10.95  
Youth 4 - 12: \$5.95  
3 and under: Free
- Friday "Chef's Special"**
- Regular Menu (5 - 10 pm)
- 17 Community Night
- Saturday (Regular Menu) 5 - 9 pm**
- Prime Rib Dinner
  - Prime Rib and Shrimp Scampi
- 11 Oktoberfest
- 25 Texas Hold'em
- Our regular menu will be offered in addition to the above specials on Saturday night.

**Come join us for the 2nd Annual Oktoberfest on Saturday, 11 October, 5 - 10 pm. See back page for more information.**

# CAMP ZAMA COMMUNITY CLUB

## Dining Out

### USA Dining Room

*Tuesday Night Family Special*  
**5 - 9 pm**

**Any Two Meals ~ \$15**

Theme Menus ~ American, Chinese, Japanese, Korean, Mexican, etc.  
*\*Menu changes every Tuesday.*

*\*Includes soup & salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.*

*\*Sorry NO take-outs!*

### Mongolian BBQ

**\$0.75 per ounce**

Every Wednesday in the ballroom, 5 - 9 pm with modified menu. Reservations are welcome. (please call before 3 pm)

*\*USA Dining Room is closed.*

### Sunday Brunch

Open: 10 am - 1:30 pm

Adults: \$12.95 • 8 - 12: \$6.95

4-7: \$3.95 • 3 and under: free

### USA Dining Room

### Thursday "All You Can Eat"

**Pasta, Pizza, Soup & Salad Bar**

Adults: \$10.95 • Ages 4 - 12: \$5.95

Under 3 years old: FREE

*\*Regular menu is available.*

*Sorry, NO take-outs!*

### Saturday Night Special

**Prime Rib  
or  
Prime Rib & Shrimp Scampi**

*\*Our regular menu will be offered in addition to the above specials on Saturday night.*

### Friday Night Chef Special

Our regular menu will be offered in addition to the Friday night chef's special.

### EVERY SUNDAY STEAK NIGHT

Two for One Steak for \$20 includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato.

*\*Modified menu will be offered on Sunday nights.  
Sorry, NO take-outs!*

 Camp Zama  
**Community Night**  
PRESENTS  
**BINGO**  
  
 **FRIDAY, 17 OCTOBER**   
**CZCC BALLROOM, 5-8 pm**  
**Free Admission!**  
**Prizes**  
Game 1 \$75  
Game 2 \$100  
Game 3 Ipad  
Game 4 \$125  
**Hors d'oeuvres & Entertainment**  
 **For More Information, Call**   
**2 6 3 - 4 5 4 7**

*Show how much you appreciate your supervisor  
and take him/her to lunch at CZCC.*

 **Boss's Day  
Luncheon**  
Thursday, 16 October, 11:30 am - 1 pm  
CZCC Ballroom

**Lunch Buffet Menu**  
Tossed Green Salad w/  
Choice of Dressing  
Baked Chicken w/ Gravy  
Sliced Roast Beef w/ Brown Gravy  
Scallop Potatoes  
Macaroni Cheese  
Lima Beans & Corn  
Buttered Spinach  
Corn Bread  
Assorted Desserts

Tickets: \$6.95 (Advance)  
\$8.95 (At The Door)

 **FOR MORE  
INFORMATION, CALL 2 6 3 - 4 5 4 7**

 **TOURNAMENT**

**SATURDAY, 25 OCTOBER**  
**CZCC BALLROOM, STARTS AT 2 PM**

 **GRAND PRIZE**  
*Based on the number of  
players who sign up*

TICKETS PURCHASED BY 21 OCTOBER \$40.  
AFTER 14 OCTOBER \$50  
INCLUDES BUFFET, NON-ALCOHOLIC DRINKS, PRIZES

**For More Information, Call 263-4547**



## LUNCHES

### MONDAY

- 6 Chicken Cashew
- 13 Closed
- 20 Chicken w/Chili Sauce
- 27 Taco Rice

### TUESDAY

- 7 Lasagna w/Garlic Bread

To make a party  
reservation at Sagami  
Lounge, please phone  
268-4954.



## LUNCHES

- 14 Yakisoba and Beef  
Fried Rice
- 21 Hamburger  
w/Onion Gravy
- 28 Pork Ginger

### WEDNESDAY

- 1 Garlic Chicken Saute
- 8 Cheese Hamburger
- 15 Lasagna w/Garlic Bread
- 22 Spaghetti and Meat sauce  
Casserole
- 29 Lasagna w/Garlic Bread

### THURSDAY (All-U-Can Eat)

- 2 Mexican Buffet
- 9 American Buffet
- 16 Korean Buffet
- 23 Italian Buffet
- 30 Chinese Buffet

### FRIDAY

- 3 Seafood Lasagna
- 10 Shrimp Soft Taco
- 17 Salmon Polonaise
- 24 Fried Shrimp Curry
- 31 Yakisoba, Fried Rice  
and Kara Age

## DINNER SPECIALS

### TUESDAY NIGHT (LIMITED

MENU/DINNER SPECIAL - \$7.50)

- 7 Mexican Dinner Special
- 14 BBQ Dinner Special
- 21 Asian Dinner Special
- 28 Pizza and Pasta Dinner

### WEDNESDAY NIGHT

Family night movies for adults and youths 1, 8, 15, 22 and 29 October regular dinner menu. Choose your discount.

### THURSDAY NIGHT

(CHEF'S SPECIAL DINNER)

- 3 French Dinner \$20
- 9 Chinese Dinner \$20
- 16 Spanish Dinner \$20
- 23 Prime Rib Dinner \$20
- 30 Italian Dinner \$20

### FRIDAY NIGHT

(MONGOLIAN BBQ)

Friday, 10 and 24 October, enjoy the best Mongolian BBQ in town!!!  
3, 17 and 31 October regular dinner menu.

# Prime Rib Dinner



Thursday, 23 October,  
5 - 8 pm

**Only \$20**

Soup  
Salad  
Rice  
Vegetable  
Mashed Potato  
Bread  
Dessert

Limited to 30 people.

Please make reservations at 268-4142





## CATHOLIC SERVICES

Mondays - Fridays, noon-12:15, daily Mass, Blessed Sacrament, Chapel

**Sundays**, 9:15 am, Mass, Zama Chapel

**Sundays**, 10:45 - 11:45 am, CCD, and Adult Religious Education, Bldg 278 Religious Education Center.

**1st and 3rd Thursdays**, 11:30 am, MCCW (Military Council of Catholic Women) Book Club, Zama Chapel.

**4th Monday**, 7 pm, MCCW Meeting, Zama Chapel.

## PROTESTANT SERVICES

**Sundays**, 11 am, Worship Service, Zama Chapel

**Sundays**, 11 am, Children's Church.

**Tuesdays**, 6:30 - 8:30 pm, Youth Group (7 - 12 Grade).

(A nursery is provided for children up to 36 months at Zama CDS, Bldg 502, during the time of Sunday services only).

**Sundays**, 9:30 am, Sunday School, Bldg 278, Religious Education Center.

## SAGAMIHARA INSPIRATIONAL SERVICES

**Sundays**, 9 am, Sunday School, Sagamihara Chapel

**Sundays**, 10:30 am, Worship Service, Sagamihara Chapel.

**Wednesdays**, 6:30 pm, Bible Study (men, women and youths), Sagamihara Chapel.

(Children's church and nursery services are provided for children up to Kindergarten at the Sagamihara Chapel during the time of Sunday services, youth church for 1st grade through 6th grade during Sunday service).

## PENTECOSTAL WORSHIP SERVICE

**Sundays**, 8 am, Worship service, Sagamihara Chapel

**Sundays**, 9 am, Children's Church, Sagamihara Chapel

**Tuesdays**, 6:30 pm, Bible Study, Sagamihara Chapel

**Fridays**, 6:30 pm, Prayer, Sagamihara Chapel

## SEVENTH DAY ADVENTIST SERVICES

**1st and 3rd Saturdays**, Joint Service, Eastside Chapel at Yokota AB.

10 am, Sabbath School

11 am, Divine Worship

Contact Tom Johnson at 263-3275 or tom.johnson3@zama.army.mil

## JEWISH SERVICES

For information about Jewish Worship services and holiday events, please contact Sharon Goodman, the Camp Zama Jewish Lay Leader, at DSN 267-6190 or from off post, 042-869-6190, or write to sharon.goodman@pac.dodea.edu.

## BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

**Mondays and Fridays**, 7 pm, discussion, Sagamihara Chapel, contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

## THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

**Sundays**, 1 - 4 pm, Sunday Service, LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base (East Gate).

**Tuesdays**, 7 pm, Tuesday Night Youth Service, Sagamihara Chapel.

Call Richard Smith, 264-6545, or Travis Sommer, 267-6534.

## CHURCH OF CHRIST

**Sundays**, 9:45 am, Sagamihara Family Housing Area, 301D.

For more information, call 267-6529 or e-mail slmerrell@yahoo.com

## ON GOING BIBLE STUDIES

**Wednesdays**, 6:30 - 7:30 pm, Adult and Youth Bible Study, Sagamihara Chapel, Pastor Sims at 263-7481/7108.

**Thursdays**, 9:30 am, PWOC (Protestant Women of the Chapel)

Bible Study, Beth Alexander at 267-6155.

**Thursdays**, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4534 or 267-6086.

**Thursdays**, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Beth Alexander at 267-6155.

## CHAPEL ACTIVITIES IN OCTOBER

**Sunday**, 19, 10:30 am, "Friendship Sunday Fellowship with Food" for outreach ministry to the military and local community, Sagamihara Chapel.

**Friday**, 31, 6:30 - 8:30 pm, Hallelujah Nigh Celebration-- A fun Christian Halloween, Religious Education Center (Bldg 278), sponsored by the SHA Inspirational Service. POC is Dana Sims at 263-7481.

The Zama Chapel community has many other programs for you and your Family (bible studies, youth groups, men's groups, women's groups, and music programs). If you desire more information, please call the chapel at 263-4898.

Interactive Customer Evaluation



We are listening!

Please give us your

ADVICE

Interactive Customer Evaluation

Good or Bad, we'd like to know!

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

<http://ice.disa.mil/index.cfm>





## HOURS OF OPERATION:

Sunday - Monday - CLOSED  
 Tuesday - Friday: 1 - 9 pm  
 Saturday: 10 am - 6 pm  
 Training holiday: 10 am - 6 pm

## PLEASE NOTE:

- Tuesday - Friday clean up starts a half hour before closing.
- Saturday clean up starts one hour before closing.

## SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the auto craft shop is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

## SERVICES

### • Used Vehicle Courtesy Inspection

The Auto Craft Shop offer a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.

### • Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Tuesday through Sunday during the open hours of the Auto Craft Shop.

## CAR WASHES

Auto Crafts has three car wash lo-

## ATTENTION HARLEY DAVIDSON OWNERS

We are no longer able to order Harley Davidson oil and other lubricants (stop by and see what we have left).

## WANTED

**MWR is looking for driver education instructors. If you are qualified please contact the Zama Auto Craft Shop at 263-3615/3479.**

cations: Camp Zama, Sagami-hara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively. At Sagami-hara Housing Area, the car

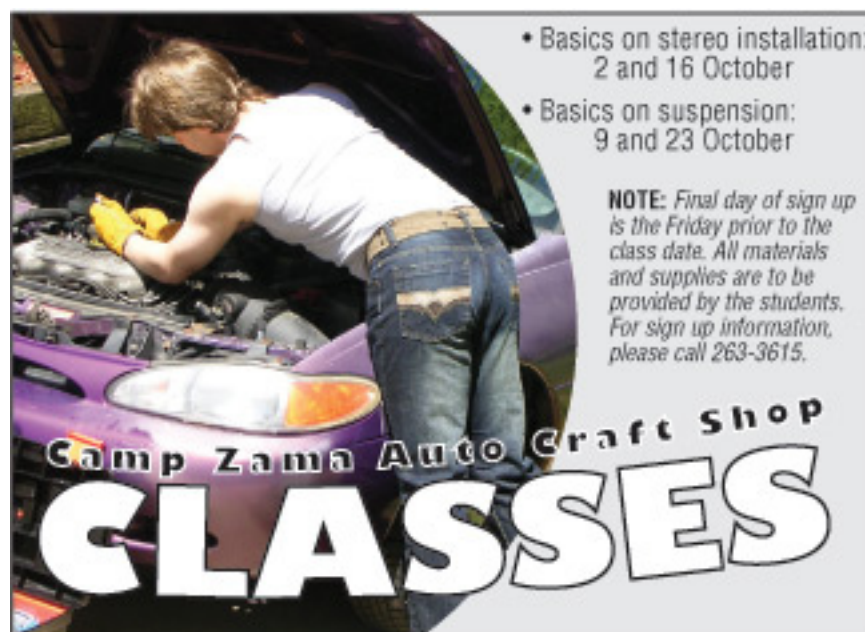
wash is located behind the Sagami-hara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama, at the Auto Crafts Shop, Bldg. #621; open six days a week, Monday 8 am - 4:45 pm, Tuesday - Friday 8 am - 8:45 pm and Saturday, 9 am - 5:45 pm.



**ONLY \$59.95**

**ENGINE FLUSH AND FUEL SYSTEM CLEANING**

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.



• Basics on stereo installation: 2 and 16 October  
 • Basics on suspension: 9 and 23 October

**NOTE:** Final day of sign up is the Friday prior to the class date. All materials and supplies are to be provided by the students. For sign up information, please call 263-3615.

**Camp Zama Auto Craft Shop**

# CLASSES

# T

he jacuzzi, steam room and sauna are coed at the Yano Fitness Center. On Wednesday mornings, all are closed for maintenance.

## ■ Sports Fitness and Aquatics • 263-3954

### TANNING BOOTH

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:

6:20 am - 6:25 pm

Weekends:

10:05 am - 5:35 pm

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18). For more information, call 263-4664/3954.

### MASSAGE

#### • Aqua Massage

Yano Fitness Center offers Aqua Massage, \$5 for 15 minutes. Must

### ATTENTION:

See center page for a schedule of New Virtual Fitness, Zumba Classes and upcoming Pro Wrestling events.

be 18 years old.

#### • Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

#### • Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 5:30 - 9 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost

**YANO FITNESS CENTER**

# ZAMA BOOK OF RECORDS

YOU TOO, CAN BECOME  
A LIVING LEGEND

- **When:** Every 3rd Saturday of the month (18 October).
- **Where:** Yano Fitness Center (some events at Zama High School Field).
- **What:** Male & Female Divisions  
*Free-Throws, 3 point contest, dead lift & bench-press, swim fastest lap, softball throw, field goal kick, climbing wall, and 100 meter dash.*
- **Why:** It's fun, challenge yourself, enjoy fortune & fame as monthly winners and be recognized at the Yano Bulletin Board. End of the year winner's will get a chance at fabulous prizes, as well as notoriety as their record & picture will grace the first glossy Zama Book of Records.

*\* For specific event times & more info, please call 263-4664.*



## INVITATIONAL PERSON SOCCER

\*FOR MORE INFO, PLEASE CALL 263-4664/7980.

**YANO FITNESS CENTER**

SATURDAY, 11 OCTOBER  
YANO SOCCER FIELD  
\$75 PER TEAM





is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

**NOTICE:** The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

### SOLARIUM RESERVATIONS

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the Front Desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

### AQUATICS (263-4664)

• **Water Aerobics Days and Hours**  
Yano indoor pool:

Mondays, Wednesdays and

Fridays: 9 - 10 am

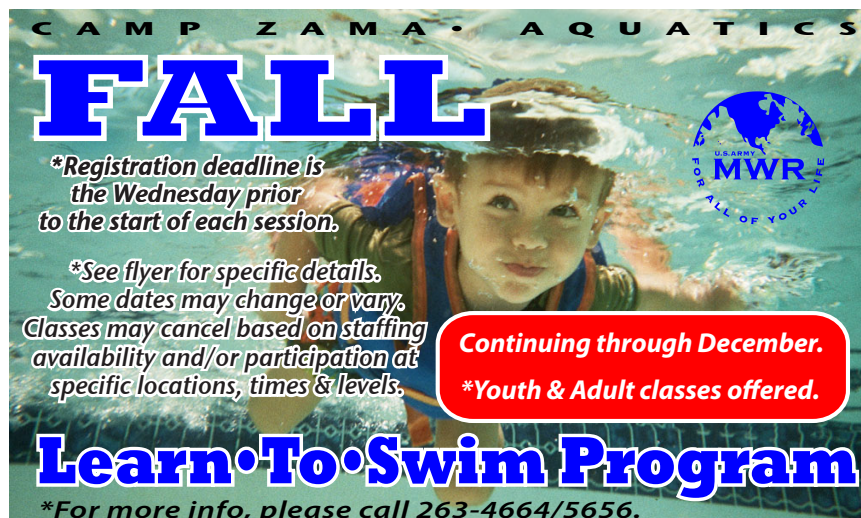
Tuesdays and Thursdays:

6 - 7 pm

See flyer for specific details and cost.

### PT TRAINING

Types of training we support: Water



**CAMP ZAMA • AQUATICS**

# FALL

*\*Registration deadline is the Wednesday prior to the start of each session.*

*\*See flyer for specific details. Some dates may change or vary. Classes may cancel based on staffing availability and/or participation at specific locations, times & levels.*

**Continuing through December.**

**\*Youth & Adult classes offered.**

## Learn-To-Swim Program

*\*For more info, please call 263-4664/5656.*

Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Water Exercise, and Swimming Technique.

### TRAINING RESERVATIONS FOR SWIMMING POOL

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at the Yano Fitness Center. For reservations, submit the reservation request no less than six weeks in advance. Forms can be e-mailed upon request.

Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Water Exercise, and Swimming Technique. For more information, contact 263-5656/4664.

### WANTED

Officials for all intramural sports (*flag football, softball, basketball, and volleyball*). For more information, call 263-4664/7980.



**YANO FITNESS CENTER**

# FIND THE MADNESS!

## RED RIBBON SINGLES TABLE TENNIS TOURNAMENT

### MEN & WOMEN DIVISIONS

**4 PM • THURSDAY • 30 OCTOBER**

**NO FEE FOR THIS EVENT!**

**\*For more information, please call 263-4664/7980.**

# B

alloon Shop.

We have a message for every special occasion in your life (helium filled mylar and latex balloons). For better service, place your order in advance.

## ■ Arts and Crafts • 263-4412

### CLASSES

#### • Scrap Book Classes

Thursdays at 2 pm. Cost is \$15 for a class. Supplies are included. Bring a few of your own photos.

#### • Water Color Painting Classes

Wednesday, 6 pm, \$15 for a class.

#### • Washi Paper Craft Workshop

Fee is \$10; supplies are available at the sales store (appointment only).

#### • Tole Painting Class "American Folk Art"

Thursdays, 3 pm, \$15 for a class

### Arts and Crafts Center Needs:

Tole paint, wash paper craft, digital photograph and sawing instructors. For more information, phone 263-4412.

#### • Ikebana (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm. \$15 for a class, plus ¥1,000 flower fee.

#### • Shodo (Japanese calligraphy class)

Thursdays, 3 pm, \$10 for a class, includes all supplies.

#### • Wood Shop Orientation for DA 3031.

Thursdays: 6 pm, Saturdays: 10 am. No fee.

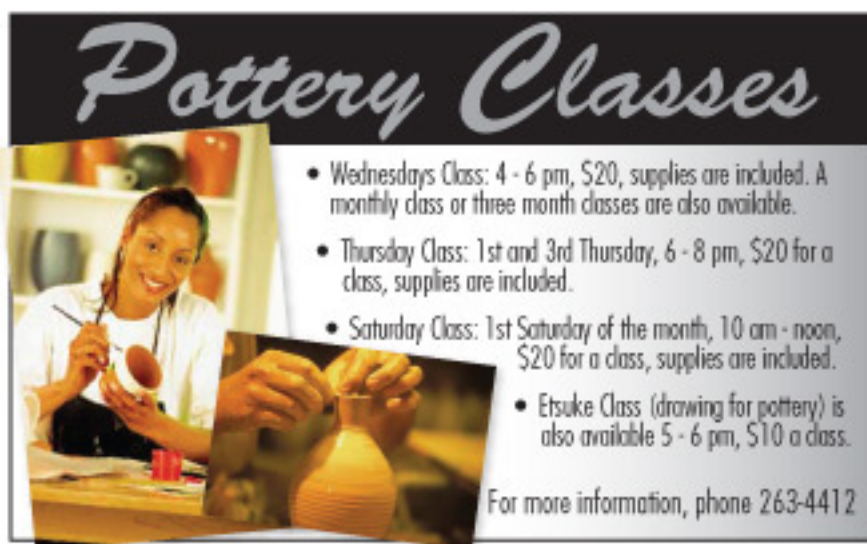
#### • Frame Shop Orientation

Wednesdays, 6 pm.

Fee, \$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request. \$10 a class, supplies are not included.

**NOTE:** All classes require advance registration. Schedules are subject to change. Please call 263-4412 for more details.



**Pottery Classes**

- Wednesday Class: 4 - 6 pm, \$20, supplies are included. A monthly class or three month classes are also available.
- Thursday Class: 1st and 3rd Thursday, 6 - 8 pm, \$20 for a class, supplies are included.
- Saturday Class: 1st Saturday of the month, 10 am - noon, \$20 for a class, supplies are included.
- Etsuke Class (drawing for pottery) is also available 5 - 6 pm, \$10 a class.

For more information, phone 263-4412

## ■ Community Cultural Center • 263-3939/5712/8892

### CLASSES

#### • Ballroom Dance

\* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

The class is basically designed for beginners using simple steps. It takes about six months to go through all the dances.

#### Standard:

Slow Rhythm Dance

(party dance)

Basic Waltz

Basic Tango

Mambo (party dance)

#### Latin:

Basic, Cuban Rumba

Cha Cha Cha

Jitterbug (party dance)

\* Basic Class (four classes per month,

¥4,500):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the beginner's class, or students who have been attending the beginner's class, or people who have some experience and good physical ability for dancing.

\* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years experience, skills and abilities for ballroom dancing.

• Piano Lesson (four classes a month, ¥6,500).

Monday - Friday.

• Violin Lesson (four classes a

month, ¥6,500).

Tuesday or Thursday.

• Koto Lesson (four classes a month).

Adult: ¥8,000, Youth: ¥7,000,

Tuesday.

#### • Jazz, Ballet and Lyrical Dance

Monday and Wednesday.

#### • Taekwondo Class

Monday - Thursday, 5:30 - 8:30 pm

#### • New Taekwondo Class by Ms. Kellie Williams

Tuesday and Friday

### The Community Cultural Center Needs:

- Theater production, sax, guitar and drum instructors.
- Community Drama Club members.



## ■ Outdoor Recreation and Local Tours • 263-4671

### OCTOBER TOURS AND EVENTS

- **Deep Sea Fishing**  
Saturday, 4 October
- **Katsunuma Grape Festival**  
Saturday, 4 October
- **Mountain Biking**  
Saturday, 5 October
- **National Showa Memorial Park**  
Saturday, 5 October
- **Hida Takayama Autumn Festival**  
Thursday, 9 October
- **Mt. Kintoki Hike**

- Saturday, 11 October
- **Tokyo Summerland**  
Saturday, 11 October
- **Tokyo Game Show at Makuhari Messe**  
Sunday, 12 October
- **Columbus Day Lunch Cruise at Yokohama**  
Monday, 13 October
- **Deep Sea Fishing**  
Saturday, 18 October
- **Universal Studio**  
Saturday, 18 October
- **Kawagoe Matsuri**  
Saturday, 18 October

- **Sea Kayaking Overnight**  
Saturday - Sunday, 18 - 19 October
- **Fuji Safari Park**  
Sunday, 20 October
- **Season Opener Trout Derby**  
Saturday, 25 October
- **Nikko Excursion**  
Saturday, 25 October
- **Halloween Overnight at Roppongi**  
Saturday - Sunday, 25 - 26 October
- **Enoshima Autumn Festival**  
Sunday, 26 October
- **Yunessan Hot Spa**  
Sunday, 26 October

## ■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

### ON-LINE CATALOG

Search our collection from home or work at: <http://www.yokotalibrary.com/uhtbin/webzama/>

### NEW MCNAUGHTO BOOKS

- **Fleeced by Morris, Dick** (Best-seller)
- **The Monster of Florence by Preston, Douglas J.** (Best-seller)
- **Rogue by Steel, Danielle** (Best-seller)

- **The Last Patriot by Thor, Brad** (Best-seller)
- **The Story of Edgar Sawtelle by Wroblewski, David** (Best-seller)
- **End of Days by Browne, Sylvia**
- **One Minute to Midnight by Dobbs, Michael**
- **Quantum Wellness by Freston, Kathy**
- **The Total Money Makeover by Ramsey, Dave**
- **The Last Oracle by Rollins, James**

### NEW DVDS

- **Biography: Mao Tse Tung**  
..... Non-fiction
- **Biography: Douglas MacArthur..**  
Non-fiction
- **History Channel: tiananmen Square** ..... Non-fiction
- **The Mikado (Japan)** ..... Fiction
- **Biography: Hirohito (Japan)** ..... Non-fiction
- **The Secret Life of Geisha (Japan)**  
..... Non-fiction



**FRIDAY, 31 OCTOBER**

**RAMBLER FIELD**

**GATE OPENS AT 8 PM**  
**CONCERT STARTS AT 9 PM**  
**ENDS AT 10:30 PM**

**FREE ADMISSION**

**SMASHMOUTH**

**FOR MORE INFORMATION, CALL 263-5712/3479**

# ■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

## Army Community Services Branch

■ Army Community Services 263-4357  
Mon, Tue, Thu, Fri 0730-1630  
Wed 0730-1500

## ZAMA Golf Club

■ DIRECTOR OF GOLF ADMINISTRATIVE OFFICE 263-3694

263-4966  
(All the following golf activities are open during lunch).

Course/Starter 263-4975

Mon-Fri 0700-1700  
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665

Mon, Tue, Thu, Fri 0630-1900  
Wed 0630-1900  
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284

Mon-Fri 0645-1700  
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)

Mon - Fri Sunrise-2200  
Saturday Sunrise-1930  
Sun 1600-2200

Chip Inn & Snack Stand 263-5834

Mon-Fri 0800-1600  
Weekends & Hol. 0700-1500

## Business Division

■ ADMINISTRATIVE OFFICE 263-7935

■ BOWLING CENTER ZAMA 263-4780

Mon-Wed, Sat-Sun 1100-2200  
Thu & Fri 1100-2230  
Holidays Closed

■ BOWLING CENTER DEPOT 268-4954/4606

Tue - Sat 1100-2000  
Sun - Mon Closed

■ ZAMA COMMUNITY CLUB

■ ADMINISTRATIVE OFFICE 263-4133

Lunch

Tue-Fri 1045-1315  
Sunday Brunch 1000-1330

Cashier 263-4547

Sun-Thu 1000-2300  
Fri 1000-0230  
Sat 1000-0200

Catering 263-4204

Tue, Thu & Fri 0930-1730  
Wed (Appts Only)

Café Roberto

Sun, Tue & Wed 1100-2300  
Thu 1100-2200  
Fri & Sat 1100-2300  
No food service after 2200 hours

Cornerstone Game Room (no bar)

Tue-Thu & Sun 1000-2300  
Fri 1000-0300  
Sat 1000-0230

Firelite Lounge

Sun-Tue & Wed Closed  
Thu Closed  
Fri 1800-0300  
Sat 1900-0230

USA Dining Room

Tue, Thu & Sun 1700-2100  
Wed Closed  
Fri-Sat 1700-2200

■ HOB NOB INN 267-6097

Lounge & Game Room

Sun, Mon, Tue Closed  
Wed 1630 - 2300  
Thu 1630 - 2100  
Fri 1630 - 0100  
Sat 1900 - 0100

■ SAGAMI LOUNGE 268-4954  
268-4142

Take Out

Lunch (Mon-Fri) 1100-1300

Dinner (Tue-Sat) 1700-2000

Lounge/Game Room

Tue-Thu 1100-2200

Fri 1100-2400

Sat 1630-2300

Open during lunch

## Recreation Division

■ CHIEF RECREATION OFFICE 263-3479

■ ADMINISTRATIVE OFFICE 263-5614

■ ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed

Wed-Thu 1300-2100

Fri, Sat & Sun 1000-1800

Open during lunch

■ AUTO CRAFTS SHOP 263-3615

Sun-Mon Closed

Tue-Fri 1300-2100

Sat 1000-1800

Open during lunch

■ COMMUNITY CULTURAL CTR 263-3939

Mon-Fri 0800-2100

Sat, Sun & Hol Closed

Open during lunch

■ INTERNATIONAL TOURS 263-5273

Mon-Fri 1000-1800

Open during lunch

■ LIBRARY

Zama 263-3517

Mon-Thu 1000-2030

Fri- Sun & Hol 1000-1800

Open during lunch

U.S. Holidays Closed

Sagamihara 267-6603

Tue-Thu 1000-1900

Fri-Sat 0900-1800

Sun, Mon & Hol Closed

Closed for lunch 1400-1500

■ OUTDOOR RECREATION 263-4671

US Holidays Closed

Vehicle/Equipment Rental & Local Tours

Mon-Fri 0900-1730

Sat-Sun 0800-1600

Open during lunch

Animal Boarding Kennels 263-5915

Mon-Fri 1000-1700

Sat-Sun 1000-1600

Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270

Kure Lodging 256-2580

■ POOLS 263-5656

YANO 263-5037

Mon-Fri 0600-1900

Sat-Sun, Holidays 1000-1800

SHA (Summer) 263-5656/267-6122

Wed - Sat 1030-1800

Sun 1200-1800

Mon, Tue Closed

DEPOT (Closed)

■ SPORTS/FITNESS CENTER 263-4664

Zama 263-3954

Mon-Fri 0530-2100

Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762

Mon-Sun Open 24 hrs

Depot 268-4729

Mon-Sun, Holidays 0930-1830

## Support Services Division

■ DIRECTOR 263-4273

■ ADMINISTRATIVE OFFICE

## Child, Youth & School Service Division

■ CHILD, Y&SS COORDINATOR 263-8086

(All the following CDC facilities are open during lunch.)

CYS Central Enrollment Registry Office

263-4125

263-4743

Mon-Fri 0800-1700

Family Child Care 263-4743

263-4125

Sagamihara CDC 267-6564

Mon-Fri 0530-1800

Zama CDC 263-4992

Mon-Fri 0530-1800

■ YOUTH SERVICES

Zama Youth Center 263-4500

Mon-Thu 1430-2000

Fri 1430-2200

Sat 1200-2200

Sun 1200-1700

School Age Services (SHA) 267-6317

Mon-Fri 0630-1800

Youth Sports 263-5437

Mon-Sat 0900-1800

Open during lunch

School Liaison Office 263-3241

## Zama Lodging

■ ADMINISTRATIVE OFFICE 263-3293

Reservation Desk

263-2775

Front Desk 263-3830

Open 24 hours/7 days a week

## USAG-J Okinawa MWR

■ MWR OFFICE 644-5396

■ ADMINISTRATIVE OFFICE 644-4270

■ ARMY COMMUNITY SERVICE

Director 644-4110

Relocation Coordinator 644-4385

Mob-Dep/IVC 644-4116

Financial Readiness/AER 644-4378

Family Advocacy Program 644-5919

Victim Advocate/SARC 644-4908

AFTB/AFAP Program 644-4743

EFMP Program 644-4106

ACS FAX 644-5918

School Liaison Office 644-4703

■ ARTS & CRAFT CENTER

Lobby 644-4303

■ AUTO CENTER 644-4706

■ CORAL COVE COMMUNITY CLUB 644-5612

Business Manager 644-4256

Lounge 644-4306

Cashier Cage 644-4426

■ LIBRARY 644-4468

Staff Room 644-5335

■ MARKETING

Commercial Sponsorship 644-4495

Graphic/Illustration 644-4665

■ SPORTS / FITNESS

Sports / Fitness 644-4334

Aquatics 644-4389

■ OUTDOOR RECREATION

Scuba Locker 644-4795

Retail Sales 644-4290

Equipment Issue 644-4263

Beach Rental Office 644-4659

Cabin Reservation 644-4659

## Kure Harbor Club

■ MWR Office 256-2580

256-2581

0800-1630

■ Outdoor Recreation 256-2575

0900/1700

■ Dining Room

Mon-Fri (Breakfast) 0700-0830

Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

■ Bar Mon 1630-2000

Tue-Sat 1630-2200

■ PX / CLASS 6

Mon-Fri 0900-1730

Sat 1130-1530





# 6TH ANNUAL ZAMA OPEN



## ZAMA GOLF CLUB



### SATURDAY & SUNDAY, 18-19 OCTOBER

TEE TIMES START AT 0630 HRS.



### Grand Prize

Two (2) Round trip Tickets to Saipan  
(Courtesy of Northwest Airlines)  
and  
Courtesy of the Pacific Islands Club, Saipan,  
a 3-night stay for two at their beautiful hotel.

MWR COMMERCIAL SPONSORSHIP and the ZAMA GOLF COURSE STAFF thank our sponsors  
Northwest Airlines, Pacific Islands Club, Saipan, MacGregor, Ecco for supporting this major golf event and our community.



ANY AMATEUR GOLFER WITH A USGA OR JGA HANDICAP. GOLFERS WITHOUT A HANDICAP WILL  
PLAY AT SCRATCH. HANDICAPS WILL ONLY BE USED TO CREATE THE FLIGHTS.  
USGA RULES WILL BE USED.

INDIVIDUAL 36 HOLE STROKE PLAY - FLIGHTED EVENT

FLIGHTS DETERMINED AFTER ENTRIES RECEIVED.

THERE WILL BE GIFT CERTIFICATES AWARDED FOR LOW GROSS WINNERS IN EACH FLIGHT,  
PLUS A TROPHY FOR THE OVERALL LOW GROSS MAN AND WOMAN.

FEES: \$45 - ZAMA, ATSUGI AND TAMA HILLS CLUB MEMBERS  
NON-MEMBERS PAY GREEN FEES IN ADDITION TO THE \$45 ENTRY FEE  
¥13,000-JGSDF (STATIONED AT ZAMA), ¥17,000 MLC/IHA/HPT (WORKING FOR USARJ), ¥25,000-ALL OTHERS

FOR MORE INFORMATION CONTACT

DALE JORGENSON, DIRECTOR OF GOLF AT 263-3694 OR EMAIL DALE.JORGENSON@ZAMA.ARMY.MIL



# Oktoberfest



**FUN FOOD MUSIC GAMES PRIZES FUN**

**SATURDAY, 11 OCTOBER, 5-10 PM**  
**CZCC PARKING LOT**

**Live Oompa Band, DJ, German Food**  
**Games and Prizes**



**FOR MORE INFORMATION, CALL 263-4547**